



# ALGINATE SKIN PROTECTION

CASE STUDY PROTOCOL



# Introduction

#### Case Studies

Thank you for agreeing to complete a case study using the FORLIFE range of Alginat pouches.

Alginates are naturally occurring substances derived from brown seaweed. They are used extensively in wound care and are proven to initiate skin healing and absorb moisture.

#### The purpose of this case study is to

- 1. Highlight the benefits of these skin healing properties when used on sore, moist, excoriated peristomal skin.
- 2. Show that this can be a cost effective way to manage sore skin by reducing the need for accessories and pouch changes.

#### Photography tips:

- 1. Ensure the camera is set to professional mode so any photographs taken will be high resolution.
- 2. Make sure you take the picture landscape not portrait.





### Criteria

- 1. Any patient with a colostomy or ileostomy presenting with non-healing peristomal / problematic skin.
- 2. Patients must be able to give informed written consent.
- 3. Please disclose any medications or treatment regimes which may affect skin healing i.e. diabetes, steroid treatment, radiotherapy and chemotherapy.

### Evaluation

Objectives to be reported on will include the following but may be added to at any time.

- 1. Nature of peristomal skin at commencement of study
- 2. Evidence of healing of peristomal skin
- 3. Reduction of surface area of sore skin.
- 4. Reduction of pain and discomfort at pouch changes
- 5. Evidence of absorption of moisture
- 6. Reduction of the need for accessories
- 7. Reduction of pouch usage

Throughout the period of evaluation, photographs to demonstrate healing progression or otherwise will be taken: at the time of recruitment, after one week, and then on completion of the study - with appropriate consent having been obtained beforehand.







## Evaluation time frame

After two weeks the completed study is to be collected and sent electronically to the FORLIFE representative.

#### Post evaluation documentation

A written evaluation report will be compiled by the healthcare specialist completing the case study, this will include the evaluation objectives set out. The report will be shared with representatives of FORLIFE.

FORLIFE reserve the right to forward the case study for publication and to use it for product promotion and advertising if clinical and cost effective outcomes are achieved.

B.1			
Please	print	and	sign

Healthcai	re Specialist		
Name		 	
Signature	)	 	
Date:	)	 	

Please follow the headings where possible to complete your case study.

## 1. Patient history







# 2. Observations on referral (with photographic evidence)

3. Complications or problems being experienced

4. Hospital visits







5. Treatment

6. Improvements (with photographic evidence)







7. Outcome

9. Conclusion (with photographic evidence)

8. Following the product evaluation, will the patient be continuing with the product?





## FORLIFE Alginate Case Study Consent Form

I consent to being included in this case study.

I am also willing to allow the publication of the study along with any photographs.

Please print and sign
Name
Signature
Date

## FORLIFE Produktions- und Vertriebsgesellschaft

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